

# ENGOCHA

ETHIOPIAN VEGAN CAFE

## Combo Dishes

- **Classic Combo of Five Dishes - £13.99** (Feeds 1-person)  
Miser kik(*Red Lentils*), Ater kik(*Split Peas*), White Cabbage(*Tikil Gomen*), Fosolia(*Green Beans*) Whole Lentil w/ Spinach
- **Classic Combo of Five Dishes For Two - £24.99** (Feeds 2-people)  
Miser kik(*Red Lentils*), Ater kik(*Split Peas*), White Cabbage(*Tikil Gomen*), Fosolia(*Green Beans*) Whole Lentil w/ Spinach
- **Trio Delight - £14.99**  
Miser (*Red Lentil*), Duba(*Pumpkin*) and Beetroot.
- **Engocha Special Combo - £14.99** (Mixture of Trio Delight Including Ater Kik W/ Spinach)  
Miser (*Red Lentil*), Duba(*Pumpkin*), Beetroot, Ater Kik(*Split Peas*) with Spinach Stew.

## Individual Dishes

- **Miser Kik (Red Lentils) - £10.99**  
Exotic mild spiced lentil stew
- **Ater Kik (Split Peas) - £10.99**  
Splits simmered in a mild flavour herb souce, turmeric and ginger.
- **Whole Lentil W/ Spinach - £10.99**  
Chopped spinach cooked with whole lentil and exotic herbs.
- **Shiro - £12.99**  
Roasted and grounded chickpeas mild spices slow cooked with garlic, tomato, onion, and olive oil sauce. Fresh green beans and fresh carrots simmered in flavour mild sauce.
- **Tikle Gomen - £10.99**  
Curry potato, cabbage, carrots and turmeric.
- **Spinach & Potato £11.99**  
Fresh spinach cooked with baby potato in a mild sauce.
- **Spinach Mushrooms - £11.99**  
Mild blend of tomatoes, spinach and mushroom cooked with ginger, garlic and herbs.
- **Engocha Special Sizzling Tofu Tibs - £14.99**  
Tofu sauted with fresh onion, green chutney, tomato topped with awaze(Ethiopian Spice) sauce.
- **Douba Wot (Pumpkin) - £12.99**  
Pumpkin in mild tomato source, flavoured with exotic herbs. 12.99
- **Golden Kinche - £10.99**  
Cranked wheat with rosemary, tomato, garlic, onion with herb's
- **Golden Miser Wot - £12.99**  
Exotic medium spiced lentil stew, topped with flux seeds
- **Ater Kik W/ Spinach - £10.99**  
Splits simmered in mild and flavour herbs turmeric, ginger and spinach
- **Red Lentils, Split Peas, Whole Lentils & Shiro (Chickpeas) -**

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£13.99

- **Whole Lentils Wot(Stew) - £10.99**  
Whole lentils cooked in delicious tomato sauce and herbs

## **Veggie Bowl Combo**

- **Spinach, Green Beans, Cabbage w/ Potatoes Carrot & Medium Spicy Beetroot - £13.99**

## **Ethiopian Local “Must Have” Smoothies**

- **Suff Smoothie - £6.99**  
Ethiopian beverage made from sunflower seeds
- **Teleba Smoothie - £6.99**  
Ethiopian beverage made from toasted grounded flax seeds.
- **Besso Smoothie - £6.99**  
A health drink mad from barley
- **Teleba and Besso mix Smoothie - £6.99**  
A mixture of both Telba and Besso smoothies

## **Essentials**

- **Teff Injera(Flat Fermented Bread) - £2.50**  
Made From 100% Teff Grain & Gluten Free.
- **Injera (Fermented Flatbread Made from Rice & Wheat) - FREE**
- **Basmati Rice - FREE**

## **Hot Drinks**

- **Warm Turmeric, Cinnamon , Ginger , W/ Coconut Milk - £3.99**
- **Ethiopian Spicy Tea Black Tea - £3.99**  
Cinnamon, cloves and cardamom spice
- **Fresh Mint Tea - £3.99**